



Ireland's First Corporate Relay Team Triathlon

Team Sprint Relay 750m Swim - 24k Bike - 5.3k Run - Teams of Two or Three
Kilkenny Castle, Saturday, July 28 2012



- ✓ Represent Your Company in Relay Teams
- ✓ Building Teamwork and Spirit
- ✓ Connecting and Enjoying a Triathlon Experience

What is the Corporate Challenge?

- > Team Sprint Relay (Teams of Two or Three)
- > Swim 750m - Bike 24k - Run 5.3k
- > Engaging ... Social ... Challenging ... Fun
- > Friendly, Supportive Atmosphere



Five Benefits to You and Your Company

- ✓ Promotes Employee Health and Wellness
- ✓ Builds Better Teamwork and Spirit
- ✓ Improves Morale
- ✓ Develops a More Productive Workforce
- ✓ Creates a Positive Company Profile

TriGrandPrix Helps You Prepare

We run six week TriGrandPrix Triathlon Boot Camps

Specifically Tailored for your Company

Training Programs and Course Video Previews

Friendly, Supportive Race Day Tips and Advice

TRIGRANDPRIX™ CorporateChallenge

REGISTER NOW



Kilkenny Castle – Saturday, 28 July 2012

www.TriGrandPrix.com



Post Race Experience

Results, Prizes, Après Party & Lots of Fun!

Contact Us

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Or Register Online at www.TriGrandPrix.com